



Habit One- Faith

MAIN THING

Faith And Worry Cannot Coexist- One Will Defeat The Other

SCRIPTURE

2 Peter 1:5-9, 1 Peter 1:3, Matthew 13:22, Psalm 112:6-7, Colossians 3:5-10, 1 John 4:20-21

ICEBREAKER

If I had \$1 million, I would

OPENING THOUGHT

Anxiety, worry, depression, etc are at an all-time high and show no signs of lessening. Far too many Christians allow worry to dictate their actions, their relationships, and their very lives. The Bible tells us that worry and faith cannot co-exist. One of them will defeat the other. The first habit of a God-First Christian as described in 2 Peter 1:5-9 is Faith, and that means that we must remove worry and anxiety from our lives if we are to be who God wants us to be.

DISCUSSION QUESTIONS

1. What was the one thing that you heard this past Sunday that stuck out to you? Why did it resonate with you like it did?
2. The sermon identified three signs that worry is dictating your life: 1) Desire to control people and situations, 2) Choosing the safe path over God's path, and 3) Still fighting the same spiritual battles you were fighting ten years ago. What has worry stopped you from doing that you regret? What would you do in life if you weren't afraid?
3. The sermon mentioned three signs that your faith is growing: 1) Less and less rattled by current events, 2) Able to name recent spiritual victories, 3) Increasing love for God and people. Why would these be signs of a growing faith? What other signs of a growing faith can you name?

LIFE APPLICATION

Faith is the foundation upon which all spiritual maturity is built. Without faith in God and His goodness, without faith in the Bible and the church, it is impossible to take the next steps of discipleship. If you find yourself being dictated by worry, being held back by anxiety and fearful of what life will throw at you, it's time to remove those things from your life. They are killing your faith. If you are a "third category" person (the unbiblical invention that basically says, "I'm baptized but my life looks no different than everyone else and I'm pretty sure I'm going to heaven because I'm a good person) and you are not growing in your faith, it's time to make some hard decisions.

CHALLENGE

How can we, as a community group, grow in our love for God and for each other? If we aren't doing that, we aren't doing anything worthwhile- we are simply a clanging gong or resounding cymbal. How can we be better at loving God and loving each other? Name one thing you can do as a group that will move you in the right direction.