



One Focus

MAIN THING

The Prayerless Christian is a Christian In Name Only

SCRIPTURE

Ephesians 4:30, Luke 5:15-16, 1 Peter 4:7, Luke 18:1, Matthew 7:21-23, Luke 5:5-8, Acts 4:29-31

ICEBREAKER

The number one time waster in my life is

OPENING THOUGHT

John Wesley, founder of the Methodist movement in England, said once that “God does nothing except in response to the prayers of His people.” He started out his day every morning at 5 am with a solid hour of prayer. While his statement is not directly stated in Scripture, it is plain that prayer moves the heart of God. However, a recent study showed that the average pastor prays less than three minutes per day. If that’s what our leaders are doing, it’s not hard to surmise that the average Christian is at similar or lesser levels. So why is prayerlessness so prevalent among Christians today?

DISCUSSION QUESTIONS

1. What was the one thing that you heard this past Sunday that stuck out to you? Why did it resonate with you like it did?
2. The sermon identified four things that block our prayers: 1) sin, 2) lack of silence, 3) Overwhelmed, and 4) Discouraged by lack of results. Which one of those is the biggest problem for you? What would you add to that list?
3. The Christian faith, at its heart, is relational. Describe a time you felt a deep fellowship with God when you approached Him in prayer. Not necessarily a time when you asked for something and got it- a time where it was simply you and God.

LIFE APPLICATION

Right after the revival day of Pentecost, the church in Jerusalem built up a community based on certain things. The first that we discussed last week was the “one teaching”- the word of God. The second thing was “one focus” which was prayer. Prayer was an essential part of the church community following the miracle of three-thousand baptisms in one day. Prayer unites the church, focusing the entire church on seeking God’s will here on earth.

Remember, when we pray, we pray for GOD’S WILL to be done, not our own. As a group, list five things that the church must be unified on in prayer. List them out and then pray for them as a group.

CHALLENGE

- What’s one thing you can do this week to make prayer a priority in your life?
What’s one thing you can share with the group that has helped you focus in prayer?