



#WINNING
A Christian That Wins



A Christian That Speaks

MAIN THING

A Christian that wins has an iron-fisted control of their tongue.

SCRIPTURE

James 3:1-12, Proverbs 10:19-21, 1 Corinthians 13:4-8, Matthew 12:34, Ephesians 4:29, James 1:19

ICEBREAKER

What was it like the first time you had a “foot in mouth” moment? How did you feel? How did others around you feel? Was it a funny moment? Did it stress everyone out?

OPENING THOUGHT

What we say is just as important as what we don't say. We need more compliments and less criticism. More than anything, our words reveal our spiritual health. Make the heart good and the mouth will be good. As we mature in Christ, the more we realize what doesn't need to be said. Not everything needs a comment or opinion. Proverbs 10:19 says, “When words are many, sin is not absent, but he who holds his tongue is wise.” If you can't say something nice, say nothing at all.

DISCUSSION QUESTIONS

1. What was one thing that stood out to you from this weekend's message?
2. Read James 3:1-12. How does the tongue affect the way people see us? How can it hurt our witness and, potentially, ruin opportunities for evangelism?
3. One of the ways to get control of the tongue is to check your heart. What does Matthew 12:34 say about the heart as it relates to the tongue? Why is it this way? What do our words say that our heart wouldn't? Is it even possible for that to happen?

LIFE APPLICATION

Social media is now the #1 form of communication for most people throughout the world. Whether this is good or bad is another discussion all together, but how do you communicate through social media? Do you choose your words wisely? Do you live out 1 Corinthians 13:4-8? Are people blessed by your words or cursed? Take the next week, and intentionally only post positive posts. See if anything changes. See if people notice. They may not at first, but, I can promise, people will view you differently if you show more of Christ's love and less of a critic's angst. If you aren't on social media, how do you interact with others? The above questions still ring true without the internet.

CHALLENGE

When you show up to group, leave your pride at the door. Also, leave your angst at the door, and your anger, and your cynicism, etc. Be real with your group, but don't take it out on them either. Your group is the best place to start working on your tongue. Lean on your group to help you deal with how you communicate. As a group, encourage Christ-like conversation in your group times. Always lean toward the positive. That DOES NOT mean you don't share the difficult things too. Just be sure to have a good balance of positivity and Christ-like conversation.